

SANTA BARBARA HIGH SCHOOL DISTRICT
Application for Independent Study

Guidelines for Physical Education Independent Study

1. The student must have a demonstrated ability to participate successfully in an **ADVANCED** level of physical activities related to a specific area not covered by the regular physical education curriculum.
2. The student must complete the Independent Study packet completely and return to school prior to May 1st of each year. All decisions regarding Independent PE applications will be made by the District Independent PE Review Committee, composed of the secondary Principals, prior to May 30th of each year.
3. The student must complete the weekly time log to verify hours and work. Failure to do so will result in termination of the Independent PE program and a scheduling of the student in a regular physical education class. Loss of the time logs is not an excuse for failing to turn them in at the proper time.
4. The student must submit the End of Term Instructor's Evaluation to the off campus instructor and make sure it is received by the school instructor no later than **one week prior** to the end of the term.
5. All students in grades 7 and 9 are required to complete the California Education Department's Physical Education Fitness Test at the same time as all other students in these grades. It will be the responsibility of the student applicant to insure that he/she notifies the Physical Education Department Chair to arrange for their participation in the state mandated testing program.
6. Certain activities are prohibited due to insurance and liability requirements. These include, but are not limited to, contact sports, sports on the water, in the air, on wheels, or involving animals.
7. Grades will be based on the following: Credit/No Credit. The determination of whether credit will be given or not is made by the school.
8. Independent Study for permanent medical reasons. A doctor's letter is required about the medical reason. The doctor's letter needs to describe the permanent medical condition and the physical activity that is prescribed for rehabilitation. The physical activity or therapy needs to be the equivalent of 90 semester hours, the same as a regular PE class.
9. High school students who are in danger of not graduating must be approved by the Principal.