Student's Name: _____
(Please Print)

INDEPENDENT STUDY P.E. TIME SHEET

In order to participate and receive credit for P.E. outside of school, it is necessary to turn in the weekly time sheets to the I.S.P.E. Coordinator at Santa Barbara High School.

The purpose of this report is to formally certify your activities for the week. It must be signed and documented by the student, a parent and the community instructor. If you were unable to participate on a given day, you must explain.

Report for the week of _____**20**__
(use Monday date)

Activity _____
(Dance, cycling, sailing, etc.)

Example: **Monday** - **Warmed up and stretched for 20 min., received a ½ hr. lesson, Practiced for 30 min., and played for one hour. Time: 2:30 – 4:50 Hours/Minutes: 2 hrs. – 20 min.**

DAILY REPORTING: **TOTAL HOURS FOR THE WEEK:** _____

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SIGNATURES: The signatures below certify that the times submitted above are accurate

_____

(Student) **(Parent)** **(Community Instructor)**